

National Federation of High Schools Association



Videos and Courses

Parents and Students:

Below are some great links to help you throughout your high school experience. Many of the courses are sports related but there are several courses for becoming a better student or parent. To find courses search under "student" or "parent."

You just have to sign up, most of them are free. Add them to your "cart" and at checkout the balance will say \$0.00. They will not ask for a credit card. Your school will be Trenton Public Schools. Then you may view the videos/courses. The courses are highly recommended. Please contact Ms. Maye with any questions.

- **Homework Helper**
<https://nfhslearn.com/courses/30000/learning-pro-homework-helper>
- **Reading and Learning Strategies**
<https://nfhslearn.com/courses/29000/learning-pro-reading-and-learning-strategies>
- **Research Skills**
<https://nfhslearn.com/courses/31000/learning-pro-research-skills>
- **Testing Tips**
<https://nfhslearn.com/courses/32000/learning-pro-testing-tips>
- **Understanding Copywriting and Compliance**
<https://nfhslearn.com/courses/61124/understanding-copyright-and-compliance>
- **Reading and Learning Strategies**
<https://nfhslearn.com/courses/29000/learning-pro-reading-and-learning-strategies>
- **Social Media for Students**
<https://nfhslearn.com/courses/61062/social-media-for-students>

- **NCAA Eligibility**
<https://nfhslearn.com/courses/61131/ncaa-eligibility>
- **Positive Sport Parenting**
<https://nfhslearn.com/courses/18000/positive-sport-parenting>
- **Sportsmanship for Students**
<https://nfhslearn.com/courses/61130/sportsmanship>
- **Sports Nutrition**
<https://nfhslearn.com/courses/61141/sports-nutrition>
- **Protecting Students from Abuse**
<https://nfhslearn.com/courses/61157/protecting-students-from-abuse>
- **Sudden Cardiac Arrest**
<https://nfhslearn.com/courses/61032/sudden-cardiac-arrest>
- **Hazing and Inappropriate Behaviors**
<https://nfhslearn.com/courses/28000/bullying-hazing-and-inappropriate-behaviors>
- **Concussion for Students**
<https://nfhslearn.com/courses/61059/concussion-for-students>
- **Hazing Prevention for Students**
<https://nfhslearn.com/courses/61125/hazing-prevention-for-students>
- **Heat Illness Prevention**
<https://nfhslearn.com/courses/61140/heat-illness-prevention>