

# EVERY DAY MATTERS, SPRING INTO

## HEALTH PARENT CONFERENCE

### "Making Healthy Choices to Improve

### Student Attendance"

ONSITE CHILDCARE AVAILABLE



DATE **Saturday, May 18th**

MLK Elementary School, 401 Brunswick Ave  
LOCATION Trenton, NJ 08609

BREAKFAST AVAILABLE - 9AM  
**Lunch Provided**

REGISTRATION: **9:00 am**  
TIME **10:00 am - 2:00 pm**

KEYNOTE SPEAKER  
**Dr. Youngblood**

WHO **All TPS Parents and Students are Welcome!**

Subjects:
The Importance of Breakfast - Food Access and Student Achievement
Navigating Resources for Students and Families
Chronic Disease Prevention and Management
Access to Healthcare
School Interventions for Students who Need Additional Support
Making Diet and Healthy Choices Fun
PE - Yoga, Meditation, and more!

### Thank you to our partners:

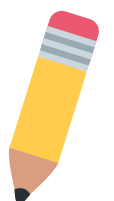
# Ready, Set, Healthy!

A Novo Nordisk-Sponsored Program



**Pre-Register today: <https://forms.gle/amdNndwPtRTst8hc6>**  
**Free Transportation Available**

For more information contact Denise Holguin at [dholguin@trenton.k12.nj.us](mailto:dholguin@trenton.k12.nj.us)



# TODOS LOS DIAS CUENTA, CONFERENCIA

## DE SALUD PARA PADRES

"Como tomar decisiones saludables para mejorar la asistencia de los estudiantes"

CUIDADO DE NINOS DISPONIBLE



FECHA

el sabado, 18 de Mayo

LUGAR

MLK Elementary School, 401  
Brunswick Ave Trenton, NJ 08609

DESAYUNO A LAS 9AM

Se proveera el almuerzo

REGISTRECE:

9:00 am

HORA

10:00 am - 2:00 pm

ORADOR PRINCIPAL

Dr. Youngblood

QUIEN

Bienvenidos todos los nino y padres

### Temas:

La importancia del desyauno - Acceso a los alimentos y logro academico

Utilizando recursos para estudiantes y familias

Prevencion y manejo de la diabetes y prevencion y manejo del asma

Acceso a programas de salud

Intervenciones esolares para estudiantes que necesitan apoyo adicional

Hacer dieta y opciones saludables y divertidas

Ejercicio fisico - Yoga, Meditacion, y mucho mas!

**muchas gracias a nuestros socios:**

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Horizon NJ Health



CityLife Health



HJAHC  
HENRY J. AUSTIN HEALTH CENTER



Registrece Hoy: <https://forms.gle/amdNndwPtRTst8hc6>

**transporte gratuito disponible**



Para Mas Informacion: Comuniquese con Denise Holguin - [dholguin@trenton.k12.nj.us](mailto:dholguin@trenton.k12.nj.us)



# TRANSPORTATION SCHEDULE EVERY DAY MATTERS, SPRING INTO HEALTH PARENT CONFERENCE



**TODOS LOS DIAS CUENTA, CONFERENCIA DE SALUD PARA PADRES-  
EL HOGARIO DE LA TRANSPORTACION**

**Pick Up Times/Horario de recogida  
9:00am and 9:30am**

**Each stop is located in front of the building entrance**

**Cada parada de recogida se encuentra frente a la  
entrada del edificio**



**ALL KIDS  
THRIVE**  
Princeton Area  
Community Foundation

**Pick Up Location- Lugar de recogida- Bus #1**

**TCHS COMMUNICATIONS HIGH SCHOOL- 520 CHESTNUT AVE., TRENTON NJ  
SAM NAPLES CENTER- 611 CHESTNUT AVE., TRENTON NJ  
HEDGEPEETH WILLIAMS- 301 GLADSTONE AVE., TRENTON NJ**



**Pick Up Location- Lugar de recogida- Bus #2**

**MOTT ELEMENTARY SCHOOL- 45 STOKELY AVE., TRENTON NJ  
DUNN MIDDLE SCHOOL- 401 DAYTON ST., TRENTON. NJ  
HARRISON ELEMENTARY SCHOOL- TRENTON, NJ**



**Pick Up Location- Lugar de recogida- Bus #3**

**KILMER MIDDLE, 1300 STUYVESTANT AVE TRENTON NJ  
GREGORY ELEMENTARY- 500 RUTHERFORD AVE., TRENTON. NJ  
READING CENTER- 15 RINGOLD ST. TRENTON, NJ**

**Drop Off Times/Tiempos de entrega 1:30pm and 2:00pm**